

CERTIFIED BY PRO ATHLETE  
**PERSONAL TRAINER**



**This Certificate is Awarded To**  
**Jenny Gunnarsson**

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200 Hours online

Anatomy & Physiology, Nutrition, Exercise methods, Endurance, Mental training, 3D training, Cardio, Barbell technique, Massage  
Instructor role, Coaching, Screening, Functional training, Stretch methods, Tests, Program design, Pedagogy

26 juni, 2021

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Date

*Staffan Petersson*

Staffan Petersson, CEO PRO Athlete