

Maharishi College
of Perfect Health
International



Department of
ĀyurVedic Massage Therapy,
Kalari and Marma

This is to confirm that

Stefan Lagrosen

has completed the
Basic in-residence seminar
in

MAHARISHI ĀYURVEDA MARMA THERAPY

(Sūkṣma Marma[®] Therapy Concept)

including 56 hours theory, practice,
clinical applications and 50 case reports

2–9 November 2023

MERU, Vlodrop, The Netherlands

*‘Marmas are the cosmic switchboards
in the human body’*

Maharishi Mahesh Yogi

DR. MED. RAINER PICHA
*Chairman Maharishi College
of Perfect Health International
(MCPHI)*

DR. MED. WALTER MÖLK
*Director, Maharishi College of
Perfect Health International
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