



WE ARE DIVINE LOVE

WE ASPIRE TO EMPOWER

OUR YOGA IS *Global Yoga*

A WAY OF LIFE

WE BELIEVE IN A ➡ - TO LIFT OUR SPIRIT
STRONG BODY AND MIND | TO INFINITY AND BEYOND

WE KNOW THAT **BREATH IS** THE SECRET OF LIFE

OUR YOGA IS **MOVING MEDITATION,**

MEANT TO GET US OUT OF OUR

HEAD & BACK TO OUR HEARTS

OUR BODIES ARE ORGANIC AND ALIVE.
WE MOVE THE WAY WE ARE MEANT TO.

WE BELIEVE IN DEPTH OVER DISTANCE.
HIGH PEAKS AND DEEP SPACE WE LOVE.

~~WE HAVE THE COURAGE TO~~ GO AND DIVE IN,

IT'S OUR CALLING

THE MAT IS OUR *space of love, A sanctuary*

OUR TIME ON THE MAT IS AN OPPORTUNITY

TO QUIET THE INNER JUDGE,

TRANSCEND PERCEIVED **PHYSICAL LIMITS,**

AND FIND **FREEDOM** IN OUR **BODY AND MIND**

WE SALUTE THE **SKY ABOVE US, THE EARTH BELOW US**

AND THE **FIRE WITHIN US**

Certifikat för genomförande av

Poweryoga kurs

Detta certifierar att deltagaren framgångsrikt har studerat och slutfört alla mål med denna Global Yoga Online 10h kurs.

Detta certifikat tilldelas

Eva Carlsson

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